



**Sermon-based Guide**  
**Questions for Reflection and Discussion**

**Week of May 23**  
***Where Do We Go From Here***

**Scripture:** 1 Kings 19:3-13

**Sermon Themes**

Elijah moves from wanting to die to renewed connection with God.

**Questions**

1. What has your relationship with God looked like over the last year and a half?  
What rhythms have you kept, started or stopped during this time?
  
2. How do you tend to notice God's presence in your life?  
Does it come in whispers? Feelings? Thoughts? Other people?  
How does God specifically speak to you?
  
3. Elijah experiences a whirlwind of emotions on his journey back to God.  
Can you place yourself in any of these three phases of Elijah's journey?
  - dangerously tired
  - in the wilderness and waiting
  - ready and listening

If so, what are the next steps for you in that phase?

If not, is there a different phase you would describe yourself in right now?