

**January 24, 2010**  
**Mark 7:1-23**

*The Good News: A Sermon Series through the Gospel of Mark*  
**The Good News of a Messiah Who Sees the Heart**  
Rev. Jeremy Sanderson

*You have let go of the commands of God and are holding on to the traditions of men.*

Mark 7:8

Jeremy shared a story of a Philadelphia Eagles fan who moved into a Steelers neighborhood. When have you been in a new place or situation and discovered that you didn't know the codes of conduct for that group?

**READ** Mark 7:1-23

What did Jeremy suggest as a reason the Pharisees developed the elaborate system of laws? Does this make you more sympathetic toward them?

List codes of conduct we have here at FPC. Talk about how these things have positive and negative effects on our relationship with God and with each other.

***The problem is greater than we thought. It is not that our hands are unclean, but our hearts – the foundation of who we are. The Good News is that God is greater than our hearts.***

What 2 things does God do for us? – “Double Grace”  
What 3 actions did Jeremy say are ours to do?

What does it look like to submit to God to renovate your heart?  
What expectations and apprehensions do you have about this process?

John Ortberg suggests we can't just try really hard to become like Jesus. Transformation involves training. Watch this 5 minute video:  
<http://www.johnortberg.com/videoserver/video.php?clip=CCNT2514>

In what ways are you training to be like Jesus?  
How is God transforming your heart right now?

**PRAY TOGETHER!**

Talk to God about the things shared in your group today.