

May 17, 2009
I Corinthians 15:12-58

The Reality of the Resurrection for Us

Write notes from your discussion here:

Which statement describes you best?

- If I want to know the ending of a book I flip to the last few pages and read them first.
- I never skip to the end of a book to read the ending first but I'll put other things aside and read it more quickly to get to the end sooner.

READ I Corinthians 15:12-58

John asks us to listen impressionistically.

What is the overall sense of what you get from hearing these words from Paul?

John suggests this as a passage where Paul reminds us how the story ends – and it is a happy ending.

Which verses or phrases stand out as key points to remind you of the hope we have in the resurrection?

John pointed out that this scripture tells us that our bodies do matter.

Which verses or phrases indicate this?

RESURRECTION IN OUR REALITY

What do you struggle with in relationship to you body?

Weight? Physical disability? Body image? Illness? _____?

As you age, what do you fear about your changing body?

How does this scripture give you a new way to be in the midst of these issues?

Do you have a hard time believing that our bodies do matter? How does this effect how you live in this world? What positive results might you see from living with the belief that our bodies do matter?

We tend to put more emphasis on mind and spirit when it comes to worship and prayer. What postures or movements are a regular part of worship or prayer for you? What is one thing you might try to encourage more engagement with your body in worship and prayer?

Here are some examples:

John Sowers prays while he walks.

Judy Mandeville feels most connected to God when she dances.

Stephen Winterer's son wrote the words to a worship song in the inside of his helmet while serving in Iraq.

PRAY TOGETHER!

Try being in a different posture while you pray today – open hands, kneel, stand and hold hands, lay hands on someone as you pray for them, etc. The point is to form a connection with God and acknowledge an attitude toward God through the action of your body.

Group Leader,

Try a guided prayer for small groups that includes a few different postures of prayer.

Find it at:

<http://www.smallgroups.com/departments/worshipideas/posturesofprayer.html>