



## Lenten Worship Series: God Meets Us in the Wilderness

April 3, 2011  
*The People Who Can Fly*  
Isaiah 40

### Wilderness Guide

#### Monday

Read Isaiah 40

Note how these verses describe how we ought to view our human condition. What do these verses say about who God is? Circle all the characteristics of God. Underline all the promises of God. What do these verses tell us about how we are to live? Put a box around the instructions given.

#### Tuesday

Read Isaiah 40:8 and 1 Peter 1:23-25

Memorize one or both of these scriptures.

Reflect on how the Word of God is life-giving.

*You have been born anew, not of perishable but of imperishable seed, through the living and enduring word of God. For "All flesh is like grass and all its glory like the flower of grass. The grass withers, and the flower falls, but the word of the Lord endures forever." That word is the good news that was announced to you.*

1 Peter 1:23-25

#### Wednesday

Read Isaiah 40:28-31

Create pictures in your mind that bring this scripture to life.

Watch for opportunities today to intentionally wait. Wait before you speak. Wait in the long line at the grocery store. Wait before you send an email. Wait before you react in anger.

What does God create in you and through you in these times of waiting?

#### Thursday

What circumstances of your life are you having to wait through? Fill in the blank: "God, I need strength to \_\_\_\_\_."

Choose one or all of the following ways to wait today:

Sit quietly; let God renew your strength

Re-read Isaiah 40 (look back at notes from Monday)

Talk and pray with a friend about this situation

#### Friday

Pray for people you know who need God's strength to continue enduring.

Picture them living out the words of Isaiah 40:31.

*But those who wait upon God get fresh strength. They spread their wings and soar like eagles, They run and don't get tired, they walk and don't lag behind.*

Isaiah 40:31



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### Sermon Notes

#### The Human Situation

*The grass withers, the flower fades; but  
the word of our God will stand forever.*

Isaiah 40:8

#### Everlasting God, the Creator

#### Waiting & Trusting

But those who wait upon God get fresh strength. They spread their wings and soar like eagles, They run and don't get tired, they walk and don't lag behind.

Isaiah 40:31

#### Story:

#### The People Who Can Fly



#### Daily Life-giving Water

Wait.

Listen for and speak the Word of God . . .

The Good News . . . God's Promises . . . Hope . . .