

WEEK 3:  
OCTOBER 16

THE DISCIPLESHIP OF PRAYER  
MATTHEW 6:9-13

# DISCIPLESHIP

JESUS SAID, "FOLLOW ME."

## DEVOTIONAL GUIDE

Prayer is *mise en place*. *Mise en place*—preparation of the ingredients for cooking  
Prayer—preparation of the heart for living the life of Christ

You are invited to spend this week praying, as Jesus has taught us to pray, to prepare your heart to live as his disciple.

### MONDAY

Matthew 6:9 (NLT)

*Pray like this: Our Father in heaven, may your name be honored.*

Consider what attitude Jesus is instructing us to seek in this verse.

Notice where the focus is. Acknowledge the aspects of God that Jesus reveals here.

Spend time in prayer giving honor to God.

Other scriptures that might help you find words to pray this way: 1 Ch 16:23-34,  
Is 6:3, Ex 15:2 & 11, Ps 9:2, 48:1, 63:1-8, Rev 7:11-12, 19:6

How are you now prepared to live?

### TUESDAY

Matthew 6:10 (NRSV)

*Your Kingdom come.*

*Your will be done, on earth as it is in heaven.*

Consider what attitude Jesus is instructing us to seek in this verse.

What do we let go of as we pray this way?

Read the Sermon on the Mount (Matthew 5-7). As you read, pray this description of God's Kingdom, His will, into being in your life.

### WEDNESDAY

Matthew 6:11 (NLT)

*Give us our food for today*

Consider what attitude Jesus is instructing us to seek in this verse.

What does Jesus reveal to us about the nature of God in this verse?

Note the pronoun here is plural: "us," not "me."

Think about "food" as a basic practical need and as a metaphor for spiritual needs; both are needed to sustain life.

Pray. Ask God for what is needed. How are you now prepared to live?

### THURSDAY

Matthew 6:12 (NLT)

*and forgive us our sins,*

*just as we have forgiven those who have sinned against us.*

Consider what attitude Jesus is instructing us to seek in this verse. What does Jesus reveal to us about the nature of God in this verse? Again, note the plural pronouns.

Who do you need to forgive?

Confess your sins to God.

Read John 1:12-13.

Live into an acceptance of God's forgiveness.

### FRIDAY

Matthew 6:13 (NLT)

*And don't let us yield to temptation, but deliver us from the evil one.*

Consider what attitude Jesus is instructing us to seek in this verse. What does Jesus reveal to us about the nature of God in this verse?

Ask God to open your eyes to your blind spots. Talk to God about what tempts you. Seek God's transforming power in your life.

Read Matthew 4:1-10.

How are you now prepared to live?